

# LAMBDA

Tuesday, February 5, 2013

theLambda.ca

Volume 51, Issue 7

## Live-In for Literacy raises \$5,812

BY LIANNA PISANI

From Jan. 18 until Jan. 25, LU students Nathan Knott, Mark Mancini, and Chloë Mirfield camped out in a tent outside the main doors to the J.N. Desmarais library, taking part in Live-In for Literacy. In total, the students and the Laurentian community raised \$5,812 for the cause, exceeding their \$5,000 goal.

"It's an interesting experience living in the library... not one that many people get to do," says Mancini. "You don't have the amenities of home. You don't have ready-access to the basic necessities of life."

Despite that, though, Mancini says his experience was a positive one: "It's a cause that I really believe in, and I know it's a cause that Nathan and Chloë really believe deeply in as well, and so it's been a really positive experience because of that. We've been able to accomplish so much in just a week. It's really inspiring."

Mirfield, along with Knott and Mancini, feels very strongly about the cause, and promoting literacy as an equalizer among people, which is one of the reasons she decided to participate in the live-in event.

"I think literacy is very important. It's a great equalizer among people," Mirfield says. "It's one thing to be able to have opportunities, but if you can't even access the most basic of opportunities, because of being illiterate, or having literacy difficulties, it really holds you back in life. Literacy is not just a third-world issue; it's an issue in Canada."

Knott and Mancini have very similar views regarding the important of literacy skills around

the globe.

Mancini says, "I'm very passionate about promoting democracy worldwide, and ensuring that the conditions for democracy to flourish worldwide are there. I think having a literate population is the key to that. This is why I felt really passionate about this issue, and was really happy to participate along with Nathan and Chloë."

Knott agrees that he has also had a positive experience, and was happy to participate, but also notes that the three had to overcome some obstacles along the way. The LU community helped make those obstacles easier to bear.

"We get a lot of donations for food, for example, but we don't control what we get. We have to find a way to take showers. To live in the library is tough, but in the end it's very rewarding because of all the support we've been getting from the Laurentian community," says Knott.

Mirfield also mentions that becoming roommates in a tent does require some time to get used to one another's living habits.

"The first couple of days were really for us to get used to living with one another. We have very different living styles, and sleeping patterns—Nathan likes to go to bed early, but Mark and I can stay up until three in the morning. We had to get used to eating together, planning our days together. We had to coordinate everything," she says of the tenting living experience.

Knott and Mancini say that they often get asked if they feel like prisoners in the library, and students have asked if they are allowed to leave, or to go to class.



Photo by Ryan Neal

Mark Mancini (left) and Nathan Knott fundraise outside of the tent they shared for a week, while participating in Live-In for Literacy.

"It's almost like people think we are trapped in the library. We live in the library in the sense as we would live at home; we're allowed to leave our house for various reasons," Knott explains.

Camping out on the LU campus has some perks, aside from the contribution to Live-in for Literacy. For instance, there is always internet access available, and the library specifically sees a lot of student traffic.

"To be honest, I haven't gotten bored at all," says Mancini. "Being here, there's been a lot to do. We played board games one night. It was Nathan's birthday this week, so we had dinner for that. Besides

that, it's a great opportunity to get a lot of homework done."

For Mirfield, the Live-in for Literacy project becomes very personal, as she has seen someone close to her overcome illiteracy.

"My father grew up in foster care. He was actually kicked out of his foster home at 16 because he was dyslexic... He didn't know how to read going into his first job," Mirfield says. She adds that her father's first job was at a printing press, where he worked with no education for about 6 years. His tasks included taking pages off of the press and placing them into piles. At the time, the

press was printing university textbooks.

Mirfield explains, "Someone slowly taught him, had patience with him, and taught him how to read while he was working. He's a reading nut now," Mirfield says. "He'll go through textbooks, my essays; he'll go through novels... everything."

Knott, Mancini, and Mirfield will help others across the globe have the opportunity to overcome illiteracy as well, through their successes during Live-in for Literacy.

lambda@laurentian.ca

# Laurentian University sees applications rise 23 per cent

**BY MATT RABEY**

Applications for Ontario universities have been on the rise, but none more so than Laurentian University.

Dominic Giroux, Laurentian University president stated, "Applications from Ontario secondary school students are up 25 per cent at Laurentian University for next September, the highest increase in the province, compared with 4.6 per cent province-wide."

The university closest to Laurentian University in the province was Toronto-based Ryerson University, which saw its application numbers grow by 12 per cent.

The specific programs to see the greatest increase in applicants are as follows:

Health Promotion +63 per cent, Science four year programs in Sudbury +48 per cent, Arts four year programs in Sudbury +46 per cent, Radiation Therapy +46 per cent, Bharti School of Engineering +43 per cent, Social Work in Barrie +33 per cent and Sports Psychology +28 per cent.

The new School of Architecture seems to be already in very high demand for the upcoming school year as almost four times the amount of people that could be accepted have applied.

Laurentian University's application numbers have been steadily on the rise as the enrolment has increased from 6,000 applicants in 2002 to the 10,000 that applied this year.

Giroux stated, "I am very proud of the hard work shown by our faculty, staff, students and alumni throughout this recruitment season, under the leadership of our impressive Liaison Team. It's great to see the momentum of the University, the track record of our faculty and alumni, our new undergraduate degree



File photo

The Parker building houses much of LU's administration, as well as many other student services.

structure and the excellence of our programs and services increasingly being recognized locally and nationally."

The increase in attention from prospective students also means that it is more difficult to get into Laurentian University as the average entry grade has risen from 79 per cent to 81 per cent.

The university wants to take these numbers to the next level in the upcoming years with a projected 83 per cent average entry grade by 2017. The pool of Laurentian University's prospective students is also diversifying. Formerly, most students who attended Laurentian University came from northeastern Ontario, but now trends are

showing an increase in students from the rest of Ontario as well as an increase in international students.

While all of these are positives for the school, they are only applications, and students still have to make up their mind in the upcoming months over which school they will decide to attend in September.

Laurentian University has been pushing to get students to make that choice be Laurentian by concentrating on initiatives like the Next 50 Campaign, upgrading food services, the new residence and the re-introduction of the men and women's varsity hockey teams.

"Success attracts success," stated Giroux. "I look forward to meeting many of these

applicants in the coming months as they confirm their choice of university and program – we take nothing for granted and won't rest on our laurels as we want future students to have the best university experience possible from the application process up to convocation and beyond."

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

The specific programs to see the greatest increase in applicants are as follows:

Health Promotion +63 per cent, Science four year programs in Sudbury +48 per cent, Arts four year programs in Sudbury +46 per cent, Radiation Therapy +46 per cent, Bharti School of Engineering +43 per cent, Social Work in Barrie +33 per cent and Sports Psychology +28 per cent.

# Privacy leak a federal embarrassment

## LAMBDA STAFF

If you thought there were issues with Facebook and social media privacy, I can just imagine what you are thinking about the recent leak of over 500,000 students' information by Human Resources and Skills Development Canada.

There is a certain irony, and indeed a usefulness, to Canada celebrating Data Privacy Day on Jan. 28.

News broke about a massive leak of confidential information by a federal agency midway through January, and the extent of the leak may not be fully known.

The reaction to the leak of information has been unanimous outrage, and that is exactly how it should be.

We should all be asking why a federal agency mishandled such a large amount of information regarding student loans.

The answers given in response have been extremely disappointing.

One of the more disappointing parts of the story to come out is that the leak happened sometime in November, but the information was not released to the public until January. That's a whole two months

without the affected people having any knowledge that some of their sensitive data had been leaked.

The information includes student names, dates of birth, contact information, social insurance numbers and even loan balances.

And here our generation was worried about people having access to pictures of us having good times and knowing how old we were.

The most embarrassing thing about this leak is how it happened. While no one is quite sure exactly how it happened, or it has not been reported at least, the information was being stored on a portable hard drive that went missing.

How does one go about losing a portable hard drive that stores confidential information of 583,000 Canada Student Loans Program borrowers from 200 to 2006? Nobody knows, but it happens.

It's no surprise that there are already two class-action lawsuits being brought against the agency after such a ridiculous episode.

One of the class-action lawsuits was filed by Bob Buckingham, a St. John's, Nfld. Lawyer, on behalf of those affected by the privacy

breach. Buckingham is warning the leak could affect more than just the student-loan borrowers, according to a Canadian Press report.

"We believe the number of people affected is, at minimum, two million, as the student-loan applications also contained information about the applicants' parents, siblings and spouses, where applicable," he said in a statement earlier this month.

The seriousness of the leak was summarized later on in his statement.

"This type of private data, in the wrong hands, can destroy lives," he said.

The fall-out from a leak of this magnitude is not fully known, nor is it going to be known for a long time.

It is important to figure out what happened to the hard drive, and where it is now, although it may be impossible to find. One can hope the hard drive has not found its way into the hands of criminals who would use it to steal identities, and perhaps money, from students.

It is unclear what the worst-case scenario is, but the possibilities seem sickening.

I think the best-case scenario is to find out the hard drive was misplaced

somewhere within the office, in that file cabinet nobody ever goes in, but that is naive almost beyond imagining.

It's no surprise that opposition politicians have used the leak as fodder against the Conservative government. The NDP and Liberal governments have been extremely critical during the whole affair.

It remains to be seen what action the federal government will take concerning these issues, although it's safe to assume more will come.

Either way, it is an embarrassing ordeal with the potential to negatively impact the lives of many students, and it makes me happy that all of my student loans are through a bank.

lambda@laurentian.ca



## Lambda Staff and Information

**Editor-in-Chief**  
Ron Guillet  
ronguillet@gmail.com

**Assistant Editor**  
Ed Veilleux  
eddy\_veilleux@hotmail.com

**General Manager**  
V. A. Stranges  
lambda@laurentian.ca

**Financial Director**  
Charles Wilson

**BOARD OF DIRECTORS**  
Ashley Thomson  
Charles Wilson  
Erik White  
Ernst Gerhardt  
Janis Goldie

**PRINTER**  
McLaren Press

**CIRCULATION**  
Lambda circulates 3000 issues throughout the City of Greater Sudbury and Laurentian University Campus.

**Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by members of the Students' General Association/Association Generale des Etudiants, yet remains autonomous from all university organizations, both student and administrative.**

SCE 301 Student Centre  
Laurentian University  
935 Ramsey Lake Road  
Sudbury, ON P3E 2C6  
(705) 673-6548  
lambda@laurentian.ca  
www.thelambda.ca

# Library Academic Centre opens

BY KAYLA PERRY

Jan. 24 brought the grand opening of the Centre for Academic Excellence in, as may have noticed by the balloons that filled the J.N. Desmarais library that day. Complete with a red ribbon cutting ceremony and cake, the centre, which can be found on the second floor of the library, was opened.

The academic centre has already assisted 400 students since Christmas, said Craig Fowler, an associate vice-president with Laurentian University.

"We often see that first year students' grades drop

significantly from their high school GPA, so (the centre) will teach things such as study habits and writing skills," said Fowler.

With components such as the academic advising centre, learning assistance centre, aboriginal transition programs and the student engagement program, the centre will not only hope to help with the transition to university but also aims to encourage academic excellence.

One of the most prominently promoted features of the centre is the early-warning program, which according to Dominic Giroux, LU President, "makes the

centre pro-active."

This specific program is designed to recognize students who are beginning to struggle academically and help raise grades.

The learning assistance centre within the centre for academic excellence will have third and fourth-year students serving as tutors in the centre, who will be trained in writing assistance, study groups and general skills for success.

"There is a big demand for tutors" said Christine Blais, Executive Director of the Centre for Academic Excellence, who

explained that while a tutor for each course would be ideal, the funding is not currently available.

Students will primarily go to the desk in the library in order to book a tutoring appointment. Each study session will be directed to each individual student, according to Blais, who said that "studying is fingerprints; no two people study the same, so (the tutors) must be able to adapt to each student."

In the fall, the centre will host a reception for the Dean's Honour List students. Blais pointed out that the centre was made not only to help students but to

celebrate them as well.

"The creation of the centre is all about student success" said Giroux. "For students, this will be a key resource. The team (of academic advisors) has really looked at all the ingredients required for students to be successful, and for students to be engaged in their learning."

The help desk will be open 9 a.m. to 5 p.m., Monday through Friday, and the president is confident this centre will help to distinguish Laurentian, over time.

## Laurentian announces executive director of mine school

BY KAYLA PERRY

It was recently announced at LU that Dr. Bruce C. Jago, professional geologist and experienced mining executive, will be taking over as Goodman School of Mines Founding Executive Director.

The announcement was made on Jan. 16 by University President Dominic Giroux, who stated at the press conference that "we couldn't be more pleased that Bruce Jago will be bringing his vision to the Goodman School. Today is another exciting milestone at Laurentian University."

Jago has previously worked as an executive at many mining companies, some of which include Wallbridge Mining, Temex Resources, and most recently as President and CEO of Miocene Minerals Ltd. in Vancouver.

"I really believe in education; it is very empowering and liberating" said Jago, who also stated that working at Laurentian will be a "really excellent opportunity."

Jago chose to leave his position at Miocene due to the

fact that his children are currently enrolled in Ontario universities, and "it turns out Vancouver is just not a flight away."

A five-key plan has already been developed for the mine school by Jago, who officially began his position at LU immediately after New Years.

The five key areas that define the mining cycle, which according to Jago will contribute to the school's excellence, include mineral exploration, project feasibility, mine development, mine closure and monitoring, and the mining society.

"My vision for the Goodman School of Mines is for (the school) to be a locus for the development of world class credentials" said Jago, regarding the future of the mining school. "It is part of my mission to enhance the student experience, and truly expose students to the industry."

Among Jago's plans is the task of doubling enrollment rates by 2020, which according to Jago will be accomplished by large amounts of community outreach.

"We will outreach into high schools, as well as northern and

remote communities, and market internationally" said Jago. "There is already a looming shortage in the number of people there will be working in the mining industry – in the next five to 10 years many will retire, and we need to find means to replace those workers, by attracting more and more people into the industry."

The announcement, which was made on Jan. 16, went hand-in-hand with the announcement of Franco-Nevada President and CEO David Harquail's donation to the school of mines, totalling \$500,000. The donation was put towards funding the Franco-Nevada Executive Director's position of Laurentian University's Goodman School of Mines.

Jago, who is returning to Sudbury for the third time, stated he is confident that "(my staff and I) are going to excite people about mining."

 **HUMBER**  
The Business School

From trade shows to weddings to cultural festivals, this program offers the unique skills you need to launch your career as an event coordinator, account representative, corporate meeting planner or many other exciting career opportunities.

**EVENT  
MANAGEMENT**  
POSTGRADUATE CERTIFICATE

[business.humber.ca/postgrad](http://business.humber.ca/postgrad)

# UMentioned at LU allows anonymity

BY LIANNA PISANI

On January 28, a new Facebook account was created with the name "UMentioned Laurentian," and on January 29, the account was rapidly gaining friend requests. As of February 1, the account had 1193 friends, but what is the rush to friend UMentioned?

According to its Facebook description, UMentioned Laurentian is "a place to flirt, compliment, and question people of interest on campus through mentions." In order to have your anonymous message posted, you need to "friend" the account on Facebook, send them a private message, and wait for them to post it for you, allowing you to remain anonymous— that is, if you trust the moderators of the site.

The creator of UMentioned Laurentian (sister site of UMentioned), and one of the site moderators, takes anonymity very seriously. He/she was unable to provide personal information, but hopes that Laurentian students can benefit from being able to share their thoughts without having their names attached to the statement.

"The best way to describe it is an anonymous website that you can use to share whatever you want with the student body, but not have your name out there. So there's stuff you might put out that's controversial, or something that you must say but you don't want to have your name associate with it— that's basically UMentioned," says the moderator.

Though, as the Facebook description says, there is a flirt aspect to the site as well, even if it is just between friends.

"You might like a girl, especially around Valentine's day, and you might want to hint to her that you want to ask her out or something. But I have to say that about 90% of the flirting is between friends," he/she explains.

The idea for this page was brought to Laurentian as the moderator is a transfer student, and learned about the site from his/her previous university. Unlike other anonymous websites, which can become mere gossip sites, UMentioned sites aim to remain kind and positive.

"It was a student at another university who started it. It's sort of a play on Gossip Girl, but we want to do it more positively, and we want to keep it within the student body. The students

are running it. I thought it might be a good idea to bring it over, and it's grown faster than it did at any other university. We've had a really good response."

Students who use UMentioned Laurentian can rest assured that only the moderator and one of his/her friends currently have access to the page, and they hope to avoid the password being given to more helpers than necessary. The UMentioned group provides general guidelines to follow as well, the moderator explains.

As for the actual moderating of the site, the moderator says they try to keep the editing to a minimum.

"Because we want to keep it positive, we do moderate some messages, but we try to limit that as much as possible. Basically, if something has a negative tone, I might ask the sender to modify it, or ask them to change it. Usually,

they do, and they agree."

UMentioned Laurentian is also hoping to bring up school spirit on campus by encouraging students to attend events, holding contests on the page. They will also be enforcing the idea that despite the university being divided by program, the students still attend the same school, and can act as one unified group, the moderator says.

The moderator wants to thank to student body for UMentioned Laurentian's initial success, and is looking forward to the site's future.

"I'd like to thank everybody at LU because we haven't been able to add people based on Facebook guidelines... so the majority of that 1000+ [friends] has been suggestions. We definitely have to thank the LU student body for launching the page. It's them who are keeping us going."

 **HUMBER**  
The Business School

From retail management to wholesale to logistics, this program offers the unique skills you need to launch your career as a fashion buyer, logistics coordinator, product development manager, visual merchandiser and many other exciting career options.

**FASHION  
MANAGEMENT  
& PROMOTIONS**  
POSTGRADUATE CERTIFICATE

[business.humber.ca/postgrad](http://business.humber.ca/postgrad)

Découvrez nos  
programmes  
d'études supérieures

- Counselling et spiritualité
- Droit canonique
- Éthique
- Études de conflits
- Théologie

**Faites votre demande  
d'admission** pour la  
session automne 2013.  
Date limite 1<sup>er</sup> mars 2013.

**ustpaul.ca**

223 Main, Ottawa ON  
613 236-1393 | 1 800 637-6859  
info@ustpaul.ca

*L'Université Saint-Paul est le collège fondateur  
de l'Université d'Ottawa (1848), avec qui elle a  
conservé un lien de fédération depuis 1965.*

Discover Our  
Graduate  
Studies

- Canon Law
- Conflict Studies
- Counselling and Spirituality
- Ethics
- Theology

**Register Now**  
for Fall 2013 Semester.  
Deadline March 1, 2013.



**UNIVERSITÉ  
SAINT-PAUL  
UNIVERSITY**

*Saint Paul University is the founding college of  
the University of Ottawa (1848), with which it has  
been academically federated since 1965.*

# Elders talk on Earth medicines at Laurentian U

**BY WILLIE POLL**

Traditional aboriginal people have always had close ties with the land and depended on it for survival, according to a presentation given by elders at Laurentian on Jan. 25, and although the times have brought upon a lot of change for North America and indigenous people, the knowledge for herbal medications and natural ways of life are still with them, and still thriving.

"[We have] the knowledge of our ancestors and should be trying to bring it to a time where we need to be close to the land," Edna Manitowabi, elder and presenter, said. "Where our people need to get back to our mother the earth because we are people that have always been close to

the land, always been close to the natural world because that has been our governance."

Although some traditional knowledge was lost through residential schools, attempted assimilation, and outlawed practices, much of the knowledge still exists.

"That movement started for us as young aboriginal people who were seeking and learning and wanting to pick up the ways of our people," Manitowabi said. "And even at that time our ways were still banned and outlawed so we sought help from the elders and the people who would come and share that indigenous knowledge, who would share the ceremonies, the songs, and the dances, and the rituals that we had lost so long ago and to be able to be a

part of that reemergence and reawakening of our people back in the incredible 60's and early 70's was such a beautiful and incredible time for me."

In many indigenous cultures it is believed that everything is infused with a spirit including the plants, animals, and even rocks. Due to this teaching, it is important that plants are not just taken from the ground like inanimate objects, but rather taken respectfully as beings. When something is taken, such as an animal for eating, or plant dug up for medicine, something must be left, and thanks are given to the plant or animal for giving up its life for human uses.

"Being drawn to the natural world," Manitowabi said. "And having a hunger and thirst for that knowledge, I was taught

that whenever you take something from the earth, you always have to put something back, you don't just pull it out you don't just take it you have to talk to that plant or that medicine and apologize and say what you are going to use it for, you don't just take it, even the saplings you use to build a sweat lodge or fasting lodge, everything you take from mother earth that you are going to uproot you have to apologize and give thanks and say what you will use it for and what part, that was a very powerful lesson for me about giving back."

The presentation lasted roughly two hours and discussed many of the plants that grow naturally in Canada and their medicinal purposes. The presentation included

information for not only indigenous studies students, but also for health students who are interested in a more natural way of life, which included organic medicines rather than man-made chemical ones.

The presentation also touched upon the importance of taking care of the earth.

## S-CAP 11 group appears in court

**BY KAYLA PERRY**

The "S-CAP 11" were back in court on Jan. 21. This time, however, the purpose was to set another court date – the date to decide yet another date, for the pre-trial hearing.

The 11 are scheduled to return to court on Feb. 4, to finally decide when a pre-trial will take place.

The Sudbury Coalition Against Poverty group were originally arrested last November, when they refused to leave MPP Rick Bartolucci's office after setting up an emergency homeless centre in protest to recent Community Start-Up and Maintenance Benefit program changes.

The 11 arrested, named "rabble rousers" by Bartolucci, included LU Sociology professor Gary Kinsman, Clarissa Lassaline, Christine Knocklbey, and several LU students.

After the court appearance, three

members of S-CAP held a media conference in front of the courthouse.

"We feel vindicated today as our court battle continues," stated S-CAP in a statement to the media. "The reason of vindication being the Liberal government's decision to inject \$42 million back into the system for Community Start-Up Benefit (CSUMB) this year."

The statement continued on to say that the group "takes some credit for this backtracking of the Liberals, as (the group's) arrest helped to galvanise a huge province-wide fight back against this planned cut."

S-CAP is also hosting a community meal and meeting in order to further discuss the CSUMB issues on Feb. 5.

"What happened in Rick Bartolucci's office was done in the spirit of non-violence civil disobedience," said Kinsman, who went on to compare the group's

actions to those of Martin Luther King.

Gary Kinsman, who continues to believe that the group isn't guilty and would "prefer the crown to withdraw the charges," said that the group is trying to move forward and get the charges resolved, and ideally would like to have the trial proceedings concluded as soon as possible.

The trial proceedings, which two months later have yet to even begin, will be handled in Sudbury's provincial court. The S-CAP 11 are being represented by local lawyer Don Kuyek.

The pre-trial, which Kinsman hopes will take place within the next two months, will include the S-CAP 11's defence lawyer, the Crown prosecutor and the justice of the peace, who will together discuss issues in the case and decide when time is available in the provincial court.

As protest events continue to be planned for Toronto, most recent being the

Anti-Poverty March on Jan. 26, the S-CAP stated in the media statement that "for our part here in Sudbury, SCAP will continue to fight for people's access to community start-up and other benefits that are being denied."

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# IAMGOLD donates \$1.25m

BY LIANNA PISANI

The Canadian mining firm IAMGOLD donated \$1.25 million to the Bharti School of Engineering in support of establishing Canada's first Research Chair position in the field of open-pit mining. The announcement was made on Jan. 14 at Laurentian University.

Dr. Ramesh Subramanian, the Director of the Bharti School of Engineering, believes that IAMGOLD is making a great investment in Laurentian University, as well as the engineering students at the Bharti School of Engineering.

"I don't want to brag," he begins, "but we've got one of the top 3, if not the best, mining engineering programs. Our students have consistently

won the Mining Games 8 times out of 22 times. But we're not exactly known for our strength in open-pit mining. This is going to give us an added dimension."

The Bharti School of Engineering currently has four other research chairs, according to Dr. Subramanian. Three of the positions are in mining.

"Instead of four courses, which everybody has to teach, they teach only two courses—but there is a serious research expectation from them. This will be specifically in the area of open-pit mining," explains Dr. Subramanian.

According to Dr. Subramanian, Canada's mines are mostly underground, and open-pit mines only make up about 40-45% of

the industry; IAMGOLD is bringing this Research Chair position to Laurentian with specific connection to the new Côté Gold project, which will develop an open-pit gold mine near Gogama, approximately 180km north of Sudbury.

"The company was absolutely committed, interested. They came here toward the end of September, and within three months it was signed, sealed, and delivered."

IAMGOLD currently has five gold mines located in three different continents. Dr. Subramanian says that one of the goals of the Research Chair is to find more cost-effective open-pit mining techniques.

"The grade of the gold ore has dropped 40% in the last

five years. The gold is more expensive, but the fact that the quality of the ore has dropped 40% means it's costing them a lot more to get the metal out of the ore. That's why they wanted to establish the Research Chair—to come up with better techniques so it's more cost-effective," he explains.

Students of the Bharti School of Engineering will also be able to assist the Research Chair with this large project. Dr. Subramanian says there is both an undergraduate component and a graduate component to it, so that Master's and PhD students will be working

alongside undergraduate students.

Dr. Subramanian believes that this added dimension of a focus in open-pit mining will greatly benefit engineering students even after they graduate.

"If you get into the mining engineering program, you have to be prepared to go all over the world. Especially in South America, there is a huge demand for mining. You have to have expertise in open-pit mining. This is going to give them a huge, huge advantage."

## Students get puppy visit at Laurentian

BY WILLIE POLL

Life can be stressful with work, school, finances and a lot more going on. For stressed students at Laurentian, puppies may be the answer.

Students had the opportunity to relieve stress by petting dogs, or puppies. Although I may never think of petting puppies during midterm time, Cesar Milan, the famous dog whisperer claims it lowers blood pressure, improves psychological well-being, and also provides a sense of comfort. Many people use therapy dogs in times of trauma, grief, loss, depression, and anxiety.

"I think it does relieve stress," Danielle Odell, a third year Laurentian student, said. "To me playing with the dogs lets me forget about the stress of midterms coming up and tests that I may have. I think it is a very good event for Laurentian to have because when you live away from home you miss pets you may have and these dogs are happy to see you which you don't always get with people, dogs are always wagging their tails like you are the best person in the world, it makes you feel loved and appreciated."

The fact is that Laurentian isn't the only college or university to bring therapy dogs into the schools to prevent stress, in fact many schools have been bringing in therapy dogs

long before this including University of Guelph, University of Ottawa, University of Toronto, and McGill University.

"I don't know if it relieves stress," Amanda McBain, a third year student, said. "People have said that studies have shown, but I think it just gives a positive atmosphere for students because, well come on who doesn't love puppies."

Although studies have shown that spending time with dogs is therapeutic, many people are still skeptical. Therapy dogs are however on the rise, and are becoming used in hospitals, schools, retirement homes, and are also gaining world wide attention as many organizations are sending therapeutic dogs to major world disasters such as 9/11, hurricane's and floods, Tornados, and more. The therapeutic dogs brought to Laurentian were here from St. John's Ambulance, and the puppies were here from Pet Save, a pet rescue group in Sudbury.

"I think it's a great event that Laurentian's putting on," Stephanie Gauthier, a second year Laurentian student, said. "It's new and different. It brings out a lot of people and gives puppies a chance to find a good home."



### ... CHANGE THE WORLD

YWCA Canada invites you to coordinate an event, host a workshop, make art, plan a concert or a rally, meet with an elected representative, and use social media to spread the word about an issue that is important to you. Have fun, and create the world you want as you join young women across Canada on...

## THE DAY OF BIG CHANGE — MARCH 1, 2013 —

Visit [www.thinkbigstartsmall.ca](http://www.thinkbigstartsmall.ca) to learn more and register your action.



# Cortical Column: Sleeping

**BY LUCAS TESSARO**

This issue of the Cortical Column is a slight digression from the established pattern of working our way up the spinal cord into the more complex systems of the brain. Specifically I would like to impart information about sleep and influenced from a recent paper I read.

Perhaps not surprisingly, sleep follows a natural Circadian rhythm. These daily rhythms have a few key structures associated with them (the suprachiasmatic nucleus being a big contributor). The process of sleep itself follows a cyclical pattern of 5-stages:

Stage 1: a slow-wave transition state of a mixed frequency low-energy state, usually oscillating around the 10Hz range. This is the state most people are familiar with, of becoming drowsy and typically moving around a lot.

Stage 2: a slight continuation of the previous stage with the inclusion of bursts of higher frequency brain activity (12-14Hz).

Stages 3 & 4 are quite similar. Brain activity is dominated by high-amplitude, slow waves (0.5-2Hz) and are what we colloquially refer to as 'deep sleep'.

Stage 5 can be considered separate from the other four, but for simplicity REM sleep is included here.

Stages 1-4 all have four characteristics associated with them: (1) reduced motor activity, (2) decreased response to stimulation, (3) stereotypic postures (in humans, for example, lying down with eyes closed), and (4) relatively easy reversibility (distinguishing it from coma, hibernation, and estivation). Basically, brain activity is slowing down as you become drowsy. The duration of time we spend in each stage varies as we age: in young adults the largest amount of sleep time (50-60%) is spent in stage 2 non-REM sleep; REM phases constitute 20-25% of total sleep time, stages 3 and 4 non-REM about 15-20%, and stage 1 non-REM about 5%.

REM-sleep is where the fun is. The level of brain activity of an individual during REM is actually quite similar to that of one who is awake, leading to the term paradoxical sleep. Essentially, untrained people would have a hard time differentiating readings of the two.

While wakefulness is generally dominated by frontal lobe activity

(recall: the frontal lobes organize most of our brain activity into ways we understand and can control), REM is dominated by subcortical regions (such as the pons and lateral geniculate nucleus) and the occipital lobes. Consistent with an increase in activity, the metabolic rate of the brain during REM is roughly equivalent to being awake as well – that's right, you burn calories while sleeping!

With all this increased activity in the brain, you might be curious as to what the body is doing. It is, in fact, mostly paralyzed with only the muscles controlling the eyes, middle ear ossicles and the diaphragm really able to move (excluding other vital muscle groups).

When we think of sleep, we naturally think about dreaming as

well. A common misconception is that REM is the only stage during which dreams can occur. While REM is where dreams are most likely to occur, almost any dream we remember the following morning occurred during non-REM sleep (around 75%).

Overall we still have very little understanding of the real necessity and purpose of sleep, and especially dreaming. Some theories suggest that sleep allows thermoregulation and metabolic 'downtime' for the brain during sleep, but this is contradicted by the increase in metabolic activity during REM. Sleep deprivation studies have linked lack of REM sleep with decreases in mental cognition and neural maturation, however the mechanism or causes have yet to be elucidated.

Interestingly, another sleep deprivation study indicated that when rats are subjected to such a paradigm, there is not a graded decrease in brain activity the longer the animals are kept awake. Rather, the brain induces 'rolling blackouts', deactivating regions that are not immediately necessary (Vyazovskiy, 2011). More reason you should not cram all night – recall my previous column on memory for more details.

The recent article I mentioned in Nature Neuroscience suggests that improved sleep can help older individuals with memory recall. The prefrontal cortex, particularly the right, is associated with memory function. Older individuals have less activity in these areas when sleeping than younger individuals, mostly due to natural brain atrophy.

Lack of activity here affects quality of sleep, and therefore memory consolidation (Walker, 2013).

Dreaming poorly understood as well. Originally it was conceptualized that dreaming helped to reinforce and consolidate memories and experiences from the day. While this is true to an extent, it only explains part of the story. Since our consciousness does not 'disappear' while sleeping, and REM sleep is a highly active brain process, it is natural that this brain activity would reach the our awareness. The bizarreness of dreams is resultant from the deactivation of the organizational skills of the frontal lobes.

That means your dreams probably don't have any deeper meaning.

Sorry Freud.



**HUMBER**  
The Business School

From media planning and management to account co-ordination and sales, this program offers the unique skills you will need to launch your career in an advertising or media company.

## ADVERTISING - MEDIA MANAGEMENT POSTGRADUATE CERTIFICATE

[business.humber.ca/postgrad](http://business.humber.ca/postgrad)



**HUMBER**  
The Business School

From marketing to finance to international trade, this program offers the unique skills you need to launch your career as a brand manager, operations planner, marketing coordinator, media analyst and many other exciting career options.

## GLOBAL BUSINESS MANAGEMENT POSTGRADUATE CERTIFICATE

[business.humber.ca/postgrad](http://business.humber.ca/postgrad)

# Italian student theatre group to perform murder mystery

BY WILLIE POLL

On Feb. 8, Le Maschere Laurenziane – a student theatre group housed in Laurentian University's Italian Department – will be performing their play "Le Bocce Della Morte."

The play was written by Laurentian's own Italian professors, Diana Luele-Colilli and Christine Sansalone. The murder mystery play takes place right here in modern Sudbury. Although the play is in Italian and English, Colilli encourages all students to attend.

"Everyone is welcome to attend," Colilli said. "Given that this year is a murder/mystery, there is lots of English in the play because of the investigation carried out by the police. A non-Italian speaker would have no problems following along."

The play incorporates both languages in a form of "Italiense" which is the mixture of Italian and English, which the Italian immigrants created when coming to Canada. During the play the audience will follow a murder mystery scenario

where Bruno Rossetti is found dead at the Caruso club, and when his family and friends try to find the murderer they realize they know nothing about him, and that the suspect list is growing.

"The uniqueness is that it takes place in Sudbury," Colilli said. "Our plays attempt to be a mirror of the life of the Italian community in Sudbury. Also, no other theatre productions in Canada are staged in 'Italiense.' They are unique to Sudbury."

Not only are the plays a cultural and entertaining performance for the audience, according to Colilli, it also serves "retention and attraction purposes – the students acting receive a practical grade in the Italian course of their choosing, so it's a great retention tool."

Colilli has written more than five plays, and this is the twenty-first play that Laurentian has put on. The play was co-authored with Dr. Christine Sansalone, as were many other plays by Colilli.



Photo by Ryan Neal

Members of Le Maschere Laurenziane (a student theatre group) rehearse for the show.

"For Italian Studies, this is a wonderful way for us to be visible at Laurentian," Colilli said. "The theatre productions

also really allow us to bring together our teaching and our research." [lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# LU International holds potluck for international students

BY MATT RABEY

On Jan 27, Laurentian International hosted its potluck for international students.

17 students attended this event and all brought dishes from their home countries with the International Office providing all napkins, plates, cutlery, bottled water and pop.

Some of the food included: tacos, poutine, wontons and quiche lorraine.

"I really like Quiche Lorraine from France," said German exchange student Tim Felger, "and also the Japanese dish is very good."

The potluck saw students from all over the world attend including: Austria, Brazil, China, France, Germany, Japan, Mexico

and the United States.

Many of the students were able to try food that they had never tasted before, including, Elsa Lavenir, a second year commerce student from France who said, in regards to the food, " [It's] so good. I enjoyed the various types of food from other countries."

The potluck took place in the 2nd floor common room of West Residence and was arranged by Danielle Thibeault, International Programs Assistant.

The potluck is a relatively new thing for Laurentian University as the one on Jan 27 was only the second one ever held.

Thibeault, who was formerly an international student, explained how this came about,

"when I went on exchange they did all these kind of activities for us. There was a potluck and I made Canadian food. I [thought], this is so cool, why don't we do this? So when I got back I decided it was a good way to get us all together. We all get to share our culture, so it's fun."

Thibeault was on exchange in Italy prior to working in the International Student's Office and shares her experience abroad with her potluck where she made poutine.

"They had French fries, but the mozzarella is different. We did make it one night and we used chicken broth for soup and flower and we salted the mozzarella. It was the worst poutine I had ever had, but the French people loved

it."

The potluck is a way for international students to get to experience and share each other's cultures.

"I think it's really cool to have most of the international students coming together," said Felger, "we've got quite a nice mixture of different nationalities."

"It's a good way for all of us to get together," said Thibeault, "and then I still get to see them and make sure everything is going good."

The event was not just for people to try different food, but also to be able to socialize with students that they may not otherwise meet.

"Some of them have met," said Thibeault, "but they're in different

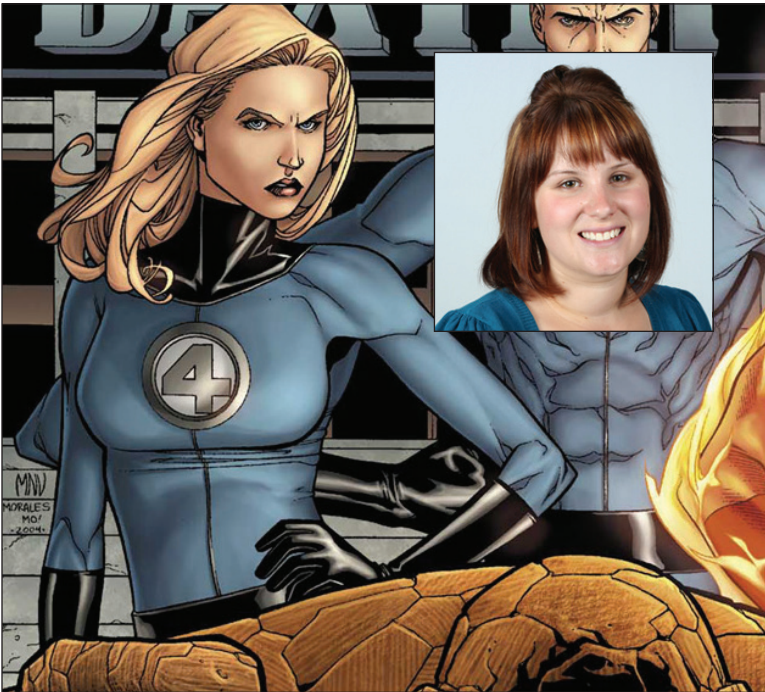
programs, so stuff like this gets them to interact and become more of a group."

Thibeault has been working for four years in the international office and has helped to set up various events like the potluck for international students to make them feel welcome in Canada.

"I think it's a great thing that the international office," said Felger, "and especially Danielle has put all that effort in it because I really like these potlucks. The food is a great part of different cultures. So if you want to get to know a new culture, you need to get to know the food."

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# Kristeen McKee is Invisible Woman



**BY ED VEILLEUX**

It's safe to say that Kristeen McKee is a familiar face for students of Huntington University.

Most, if not all, students of the communication studies department take at least one course with the always-cheery and enthusiastic prof.

Much in the same way the Invisible Woman has and will continue to be a primary member of the Fantastic Four, McKee will surely factor into the future of Huntington U.

The Huntington alumni is known for be-

ing easy to approach by students and for her caring demeanor, much in the same way Susan Storm (Invisible Woman) is loved in the Marvel Universe for her sense of empathy.

A Fantastic Four story could not be written without the Invisible Woman. Similarly, at Laurentian University, a communication studies degree can not be earned without Kristeen McKee's guiding hand.

eddy\_veilleux@hotmail.com

Illustrations provided by Marvel Comics

Kristeen McKee, much like Invisible Woman, is heavily relied upon. The Invisible Woman has been one of the most cared-for heroes in the Marvel Universe for years.



# MacFarlane: Laurentian's own Blair Waldorf

BY LIANNA PISANI

*Fashionista: Gaby MacFarlane*  
*Program: Communication Studies*  
*Year: 4*

The television series *Gossip Girl* may have ended in 2012, dissatisfying its viewers and depriving them of great fashion and style choices, but there is a new Blair Waldorf in town: Gaby MacFarlane.

The reason Blair Waldorf, though a television character, is such a style icon is because she is fearless and bold, yet sophisticated and forever classy. MacFarlane

not only resembles Ms. Waldorf because of similar physical attributes, like her gorgeous chestnut locks, but she emanates the Waldorf confidence.

MacFarlane herself is a fan of the show, and gets inspiration both from *Gossip Girl*, as well as the series *Pretty Little Liars*.

"I would describe my style as classic with hints of bold and edge. I like to wear items that are comfortable and casual, but fun at the same time," says MacFarlane.

She gives a perfect description of her own choice of outfit; starting off her style canvas with classic black denim, MacFarlane adds a vibrant violet blouse, and a leopard-printed cardigan. In this drab winter season of snow

piles browned with sand, MacFarlane's vibrant blouse pops and creates a visual of her Waldorfian confidence.

She tops off the look with classic and stunning black riding boots, as well as golden earrings, which connect with the gold tones of her classic, printed cardigan.

"My favourite article in my closet has to be my black leather riding boots; they go with everything," MacFarlane explains of her footwear choice. Black riding boots are a staple item that can take any look from summer to winter.

With such a strong sense of style, MacFarlane is truly a trendsetter like Ms. Waldorf— not a follower. She takes a fall-

winter trend and incorporates it into her own looks effortlessly.

"I'm not a huge trend-follower. I tend to try a couple that I think suit me. This season, I've been loving pairing soft and edgy items together, like lace and leather," says MacFarlane. Though MacFarlane has left out the lace in the outfit photographed, she adds a soft touch to the dark hues with her golden, fun cardigan.

Like any Waldorf-admirer, MacFarlane loves her fair share of shopping: "I love shopping for handbags and scarves. You can never have too many."



Photos by Lianna Pisani

Gaby MacFarlane showcases her *Gossip Girl* and *Pretty Little Liars*-inspired attire.

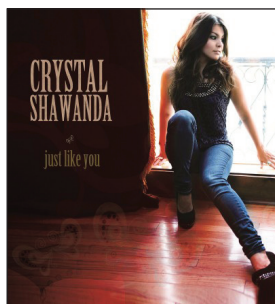
# Lambda recommends...

## Willie Poll - Staff writer



**Bon Iver**

**Skinny Love**



**Crystal Shawanda**

**Not Without A Fight**



**Ed Sheeran**

**You Need Me But I Don't Need You**

## Ron Guillet - Editor



**Avenged Sevenfold**

**Sidewinder**



**Protest The Hero**

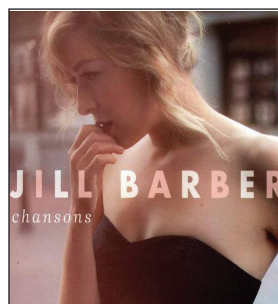
**Tandem**



**Trivium**

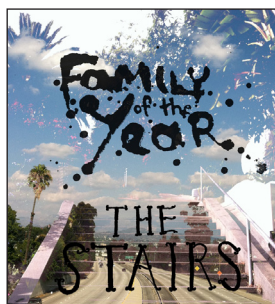
**Shogun**

## Casey Stranges - General Manager



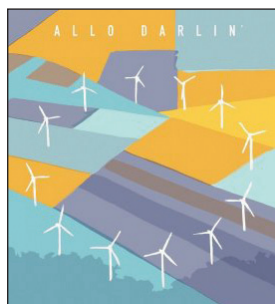
**Jill Barber**

**En Septembre Sous La Pluie**



**Family Of The Year**

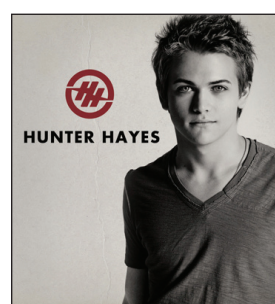
**The Stairs**



**Allo Darlin'**

**My Sweet Friend**

## Lianna Pisani - Staff writer



**Hunter Hayes**

**Wanted**



**Barbra Streisand**

**New York State Of Mind**



**Destiny's Child**

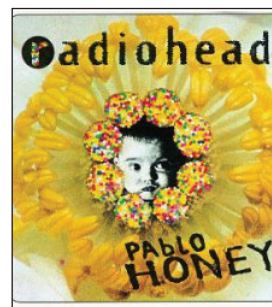
**Bills, Bills, Bills**

## Ed Veilleux - News Editor



**Jay-Z and Kanye West**

**Why I Love You**



**Radiohead**

**Thinking About You**



**Matthew Good**

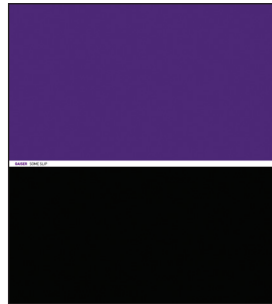
**A Single Explosion (live)**

## Matt Rabey - Staff writer



**Karmageddon**

**16 Bit Lolitas**



**Gaiser**

**Some Slip**



**Wu-tang Clan**

**After The Laughter Comes Tears**

# Harris steps up in larger role

**BY RON GUILLET**

The Laurentian Lady Vees' emphasis on youth appears to be paying dividends in the form of a sophomore guard by the name of Danielle Harris.

Harris, who studies Sports Administration at Laurentian University, stands at 5'5 and hails from Richmond Hill. She has played the game since she was 12 years old, when her teacher urged she join the York South Silver Knights.

Harris was involved in equestrianism and track and field growing up, but decided to drop those as she preferred being a part of a team. Since then, Harris has earned a spot on the Lady Vees and developed into an effective

player.

Just as she adapted to a new environment in Sudbury, Harris' play on the court has steadily improved since her rookie campaign last year.

Harris played in all of the Lady Vees' 22 games last season and averaged 13.4 minutes-per-game, accompanied by 2.9 points-per-game. This season, Harris averages 20 MPG on the court with a 5.8 PPG.

While that may seem like marginal improvement, her performance in the absence of Sasha Polishchuk has been a revelation for Laurentian.

Harris has posted a 10.3 PPG in 29.6 MPG during the last six games, which is quite a leap from

her usual PPG average.

"I was very happy to be given the opportunity to step up," Harris said in reply to playing more minutes. "I still have a lot to learn and improve on, but I think I did a good job in fulfilling my role on the team, and doing what was asked of me by my coaches and teammates."

Harris said she has benefited from adding toughness to her game as she adapts to the OUA level, but that watching Polishchuk lead the league offensively has proved invaluable.

"The greatest opportunity I have been given this year is to play under a player of Sasha's level," Harris said. "Practicing against her and playing with her has

helped me develop my skills on a level I would otherwise be unable to achieve."

"Danielle has gotten in better shape," Head coach Mike Clarke said of Harris. "Her fundamentals have improved and that has given her more confidence. The most noticeable change is in her assertiveness, she is looking to attack on offence and is a much tougher defender."

In order to realize her potential, Harris is willing to do whatever it takes to help the team win, whether it's providing secondary scoring or stepping up as a primary threat.

"I would really like to improve my offensive skills and work on my man-to-man defense," Harris said. "There will be games in the future

where my team will require me to fill different roles, whether it is defensively or contributing points offensively."

With the Lady Vees currently in a playoff position, Harris hopes the team can continue the momentum and make an impact in the post-season as they build toward the future.

"We are hoping to finish this season by making the playoffs, and playing well," Harris said. "For the future we are looking to become a more consistent team, and have the ability to win at home and on the road."

[ronguillet@gmail.com](mailto:ronguillet@gmail.com)

# Lady Vees struggle on road

**BY RON GUILLET**

As is the case with most rebuilding clubs, the Laurentian Lady Vees find themselves in a rut, enduring a five-game losing streak and supplying the York Lions with hope to overtake the sixth and final playoff spot.

But young teams find ways to recover and learn from their downfalls, a crucial part of the development process, which shouldn't be an issue for a team that has shown signs of improvement.

The loss of Sasha Polishchuk, who led the OUA in scoring before her injury, didn't help the Lady Vees either. Polishchuk was eased back into the line-up over the weekend with a combined 42 minutes of play in two games. Once healthy, she'll be a welcome addition as the Lady Vees look to solidify their playoff spot.

While the losing streak hurts Laurentian in the standings, they still remain within striking distance of the Queen's Gaels and Ryerson Rams.

The Lady Vees began their road swing against the Ottawa Gee-Gees, the second-ranked team in the East division, on Jan. 25. The Lady Vees put in a solid effort in the first quarter, only down 24-17. From there, however, the Gee-Gees dominated possession and hit the mark with over 40 per cent shooting from the field goal and three-point line. Laurentian couldn't score over 10 points in the three remaining quarters and were outmatched as they fell 87-43.

Up next was the top-ranked team in the

East, the Carleton Ravens, on Jan. 26. Danielle Harris continued her solid play in the absence of Polishchuk and put up a team-leading 12 points, but the Ravens were too much to handle as they out-rebounded the Lady Vees 51-33 and controlled the game en route to an 87-57 victory.

On Feb. 1, the Lady Vees took on the Toronto Varsity Blues. The Lady Vees were solid in the first half, and finished the night with 40.9 per cent shooting from the field goal. Harris and Erin Simpson contributed with 11 points each, while Emma Decloe led the team with 12 points and 7 rebounds. But the effort was for naught as Toronto gained control in the second half and penetrated the Lady Vees' defense, led by Rachael Sider who scored 18 points. The Lady Vees dropped the game 69-54.

Looking to close out the road trip with a win, the Lady Vees were up against the Rams on Feb. 2. Decloe recorded another solid outing with 13 points and eight rebounds, but once again the team faltered in the second half and allowed the opposition to take control. Laurentian were decent defensively, recording 36 rebounds, 10 steals and five blocks, but ultimately couldn't get the win as they fell 64-47.

The Lady Vees will look to snap their losing streak at home against the Gaels on Friday, Feb. 8, at 6 p.m. in the Ben Avery Gymnasium.

[ronguillet@gmail.com](mailto:ronguillet@gmail.com)



Photo by Ryan Neal

Devenae Bryce denies the opposition with a block.

# Voyageurs remain consistent during road swing

BY RON GUILLET

The Laurentian Voyageurs maintained their positioning in the standings and returned home from the road with a 2-2 record.

The Voyageurs currently possess fifth place in the East division and have a comfortable six point lead over the sixth and final playoff spot held by the York Lions.

While a top-three finish is unlikely, as they're eight points behind, they have a legitimate shot at leapfrogging the Queen's Gaels for fourth, who are only two points up on Laurentian with an extra game played.

The resilience they displayed on the road could go a long way in realizing that

possibility. The Voyageurs started their road swing against the third-place Ottawa Gee-Gees in what was a crucial match. Laurentian had key performances from Alex Ratte and Georges Serresse, who scored 21 and 22 points respectively, en route to a slim 73-72 victory. The win marked their third in a row, and they had to defend it against the top-ranked team, the Carleton Ravens, on Jan. 26.

The Ravens' physicality was difficult to fend off, however, and Laurentian fell down by 11 after the first quarter. But they found their footing in the second quarter and matched up against the Ravens in a defensive affair, entering the second half

down by 12.

While Ratte and Manny Pasquale had productive nights, scoring 25 and 20 points respectively, it wasn't enough as the Ravens claimed the 90-66 victory.

Laurentian's resiliency shone through as they took on the Toronto Varsity Blues on Feb. 1 and enjoyed a solid rebound game. The Voyageurs dominated possession from the onset and gave the Blues little time to control the ball and establish momentum. Serresse recorded another solid game with 19 points and seven rebounds, leading Laurentian to an 84-65 victory.

Next up was the Ryerson Rams on Feb. 2. The Rams controlled the game in the

early going and held a 25-17 lead after the first, but Manny Pasquale's offensive flair helped the Voyageurs remain alive en route to a 36-point night. Down by 11 entering the fourth quarter, the Voyageurs replied by outscoring the Rams 30-24 in the quarter, but the effort came up short as Ryerson won 89-84.

Laurentian will face the Gaels at home on Friday, Feb. 8, at 8 p.m. in the Ben Avery Gymnasium.  
**ronguillet@gmail.com**

## Rabey's round-up: Key transfers

BY MATT RABEY

With the January transfer window now closed and clubs forced to see out the rest of the season with the squads they've got, it's time to examine the key transfers that have occurred in the past month.

To start, the biggest name in world football, David Beckham, has been signed to powerhouse club Paris Saint-Germain in what many are calling a publicity stunt instead of a sound footballing decision.

To bring even more publicity, although very positive, Beckham himself has announced he will be playing for free as he is going to donate his entire wage to a children's charity (a reported £150,000 a week).

David Beckham can still send a ball and hit a free kick better than most in the game, but besides that on the pitch he offers little.

He's no longer used to playing at the highest level having just come from a below par league where most of football's superstars go to retire, the MLS.

This makes his signing for PSG all the more surprising, as they are a club with a newfound ambition to take the European crown.

Beckham, who may be

the most widely recognized professional athlete in the world, will bring the club much media attention, but why would a big club like PSG need that to win a title?

The simple answer is that they don't and they are really only using him as a means of drawing attention to what they are trying to do as a club, but in a truly flashy manner as they are trying to show off while doing it.

The next player that is going to make a large, more concrete contribution to his new club is star defender Chris Samba.

Queens Park Rangers signed Samba on deadline day for a club record fee of £12.5 million pounds from Russian club Anzhi Makhachkala to fill the holes in their back line.

Samba has been described as a 'monster' by Harry Redknapp and for good reason. This powerful center back has been drawing attention from big clubs from his days back at Blackburn Rovers with his hard hitting no nonsense style of defending.

Samba has also been captain at Blackburn and possesses leadership skills, what with Ryan Nelson's departure for Toronto FC, will be important amongst the back four.

Samba has played in the

Premier League for six year before, which is plenty of experience in the league, exactly what QPR needs to beat the drop this season.

Finally, one of the January signings to pay immediate dividends is that of England international Daniel Sturridge who went from Chelsea to Liverpool.

Sturridge went to Liverpool for £12 million and began paying back the investment by scoring his first goal after a mere seven minutes.

He then went on to score in his consecutive two matches becoming the first Liverpool player to do this since 1974.

Liverpool was desperately in need for another top striker as they were relying too heavily on the talent of Luis Suarez.

While it is very ambitious for an in form Daniel Sturridge and Liverpool to finish in the top four this year, the continuously improving squad that Brendan Rodgers is assembling could challenge for the title next season.

## LU runners bring home silver

BY LAMBDA STAFF

The Laurentian women's track team competed at the York Open Indoor Invitational last weekend, returning with a silver medal, five top-eight finishes, four personal bests and three OUA qualifying standards.

Adrienne Wilson (Kitchener) made a strong surge over the final two laps to charge through the pack into second place. Her time of 4:48.17 was a season's best and broke the OUA qualifying standard of 4:55.0. She was followed by Katie Wismer (Sudbury) in sixth place with an OUA-qualifying time of 4:52.46.

Alyssa Bedard (North Bay) shattered her personal best time in placing fourth in the 3000m. Her time of 10:38.10 bested the OUA standard of 10:40.0.

Samantha Edwards (Toronto) placed fifth in the 1000m, missing the standard by only .8 seconds. Other top-eight finishers were Michelle Kennedy (London) who was seventh in the 3000m, Jackie Bray (Midland) who was 8th in the triple jump and the 4 x 400m relay team that placed sixth.

This meet was the first in a string



Photo supplied

**Adrienne Wilson broke the OUA qualifying standard of 4:55.0.**

of four consecutive track meets for the Vees. Next week they travel to Boston for the Valentine Invitation on the U. of Boston track. The week after is the Guelph Last Chance meet, followed by the OUA Championships in Windsor.

# Opinion: Wynne must address issues left by McGuinty

**COLUMN BY MARK MANCINI**

Last weekend, the Ontario Liberal Party took a bold step out of the past and into the future; they elected Kathleen Wynne, a Cabinet Minister in the Government of Dalton McGuinty, into the position of leader of the Liberal Party.

For many outsiders, Wynne appears to be the closest thing the Liberals could have asked for to replace the unpopular McGuinty. She is a trained mediator, a strong woman, and

a passionate member of the LGBT community. This provides a compelling personal story that differentiates her from every other politician at the provincial level. Preliminary polls are showing that the Ontario electorate isn't rejecting her yet.

However, Wynne has a rough go ahead of her. She has refused to repudiate the unpopular record of McGuinty, which most provincial voters have found undesirable. The misuse of taxpayer dollars,

the broken promises, and the growing insanity of the budgetary situation all are a part of the McGuinty legacy. Wynne has given lip service to these issues, but has no concrete plan to address them. This is concerning, considering the fact that the international community is becoming increasingly concerned about Ontario, from a fiscal perspective. Some tough medicine may be necessary to get the house in order, and it isn't clear, at least at this stage, whether Wynne will prescribe that medicine.

Wynne has an unpopular record to sell with no soapbox on which to do it. At this stage,

her only saving virtue may be the haplessness of the other parties. The NDP has not presented any alternative agenda that has caught the public eye. While Andrea Horwath may be a compelling leader, leaders cannot do it all on their own. They are required to present the population with a convincing plan to get things done. There is no evidence that this has occurred. The Progressive Conservatives, while presenting some interesting ideas like voluntary union membership and privatization of the LCBO, have a problem in their own party. They seem to have forgotten that the word "progressive" exists in their name.

Instead, their agenda panders to a right-wing portion of their party and the population. It is not a manifesto for the broad centre, a necessary ingredient for victory in politics. Having policies that are too polarized to address the very real concerns of average citizens is a problem in politics nowadays, and the PCs are no exception.

Wynne may win, yet. But it would be because the other parties are the biggest losers.  
**lambda@laurentian.ca**

**HUMBER**  
The Business School

Advertising - Media Management  
Alternative Dispute Resolution  
Event Management  
Fashion Management & Promotions  
Financial Planning  
Global Business Management  
Human Resources Management  
International Development  
Marketing Management  
Public Administration

**10 WAYS  
TO LAUNCH  
YOUR CAREER**  
**FIND YOUR NICHE WITH  
A POSTGRAD IN BUSINESS**

[business.humber.ca/postgrad](http://business.humber.ca/postgrad)

## DJ Grandtheft plays at LU

**BY MATT RABEY**

On Jan. 23, the Pub Downunder welcomed a Canadian DJ who was on-hand for the Vancouver Olympics, Grandtheft.

For this special event, Grandtheft was accompanied by Rap City's T-RexXx who was the MC for the evening.

This event also had something unique for the pub as the sound system was amplified specifically for this event.

"I put in an extra four 18 subs on top of your baby system," said Chris Dwyer, Technical Director at IChronic Entertainment.

The new subs were noticeably louder and more powerful than the pub's normal system as you could see from the shaking lights above the dance floor.

Opening for the capacity crowd was a local Sudbury DJ, Trapment, who began by playing older rap and hip-hop.

Grandtheft then followed this up with his unique brand of "Trap music" (a combination of hip-hop, dubstep and house music).

The evening was organized

by Vice President of Services Iain Park who shed insight into what goes into bringing an artist like Grandtheft to Laurentian University.

"When I look for an act," said Park. "I have a lot of resources because of my past experience, SGA, and other that I've accumulated a reasonably strong database of industry professionals."

Park is also responsible for bringing in artists for larger SGA events with those being more difficult to organize, but specifically on Pub events Park said.

"Pub shows are easy, because they're free, and basically, because I know a lot of DJs, manager, agents, etc. that hook me up with DJs," Park said. "These DJs may make their own music, or they might be more of the traditional DJ, or a combination of the two. Either way, these guys know how to rock a crowd, so those shows really take care of themselves."

The evening was not without incident, however, with a total of five incidents being reported

throughout the night, including a young lady falling off a table.

Overall, the event was considered a success as Park explained,

"If you missed last night, you missed the best traditional DJ we've ever had, and I think that goes for not just Laurentian, but the city as well."

Grandtheft is not considered a mainstream artist, according to Park.

"The pub shows are a great way to test the market," said Park. "And it's a great way to educate people on the music that exists outside mainstream media outlets, which is really what's going to work here. We're not going to get some super huge act, meaning, it's important to diversify your market so that people get super stoked on an act that's probably too underground for the mainstream."

**lambda@laurentian.ca**

# Thorneloe prof directs in Taiwan

BY RYEN VELDHUIS

In December, one of Thorneloe's theatre professors, Dr Ian MacLennan, had the opportunity of being a guest director at Providence University in Taiwan. Invited there by a co-panelist and teacher at Providence University to direct a group of three Taiwanese students in a scene from the Twelfth Night (or What You Will), by William Shakespeare, for a Chinese Universities' Shakespeare Festival held in Hong Kong.

To audition for the festival, a recording of the up-to-20-minute performance had to be made and submitted to the festival for a chance to be chosen for the festival. The scene could have no more than three actors.

MacLennan had approximately 30 students audition from the Providence Shakespeare course and said that a challenging factor was that "English was not their native tongue."

"Actually I had chosen another scene. The original scene I had chosen was with two men and one woman, but when I got through the auditions I realised that that wasn't going to work," MacLennan said. "There were more women whose English was better than there were men...So that's why I chose a two women one man scene."

MacLennan said that working with the student's presented some linguistic challenges and even required some work to get proper pronunciations; "but that's to be expected, because most of them haven't started English until they started university," said MacLennan. However, he felt that they had a "very good understanding of the plays," and that "the students were very dedicated and they worked very hard."

In addition to directing a scene with students, he held a lecture, a workshop and a panel at the university.

The lecture was on the topic of directing Shakespeare and talking about his area of research: single gender Shakespeare.

The workshop he held was of Elizabethan movement. "I taught them how to walk first," said MacLennan. He reasoned with the difference in Western and Eastern cultures and clothing and how that made movement much different between the two. He thought them things like how to curtsy and how to acknowledge people in a true Elizabethan fashion. "And then I taught them a little dance," he said. "They weren't too keen on the walking, but they really got into the dance."

The panel consisted of working with students in Shakespeare.

MacLennan mentioned how "[he] didn't get to do much sight-seeing," but had the opportunity of seeing a temple and to visit Taichung for a day.

"If we do end up being accepted," said MacLennan, "I'll probably be going to Taiwan for a week to ten days before hand to really work with them before we go off to Hong Kong; but we won't know until sometime in May."

Whether or not they are accepted, MacLennan has already been asked to return to Providence University to direct more students for the Festival and is he is looking forward to it. "[The students] treated me like royalty, the whole University treated me like loyalty"

MacLennan hopes to establish a student exchange programme with Providence University, but a lot of work remains to be done before reaching that point.

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

## STC shines spotlight on students in Dracula: The Twilight Years

BY RYEN VELDHUIS

Every year the Sudbury Theatre Centre has been putting on stage productions starring local students from Grade 6 to 12.

This year the Sudbury students played in Dracula: The Twilight Years, by Tim Kelly and directed by Amber Hicks, on Feb. 2.

Dracula: The Twilight Years is the story of a group of students traveling through Europe and who find themselves in an old castle, which happens to be the castle of the legendary Count Dracula. However, Dracula is not the fearful master of darkness as he used to be and is soon going to have his castle taken by the creditors. So he it comes down to whether or not the kids will help save him from the situation.

Several students involved in the production, such as Maggie Wood, a Grade 12 student at Lo-Ellen Park Secondary School, hopes to continue acting at Laurentian next year. Wood has been in the Students on Stage productions since seventh grade. In Dracula: The Twilight Years,

she plays Moana, the housekeeper and describes her character as "protective of Dracula's castle".

"I'd like to keep [theatre] in my life" says Wood. "I love Theatre." She talks about her experience at the STC as very informative. "There's a lot of learning that we've done," she says; some of which included helping on the set.

Also, Chelsea Katerynuk, a Grade 10 student at Lockerby Composite School, hopes to join the theatre programme at Laurentian once she graduates. In the production, she plays one of the gypsies.

Hicks described her experience directing the students as "challenging," because of the age differences within the cast. She says she "tied to keep the age groups together" to facilitate the making of the production. Her choice of play, she says, is influenced by her childhood love for Dracula. "I've always loved Dracula growing up; I saw the opportunity and decided to take it to Students on Stage."

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)



Photo supplied

Students from Grade 6 to 12 had the chance to star in an STC play.

# STA to host masquerade ball

**BY RYEN VELDHUIS**

This Saturday, Feb. 9, the Student Theatre Association (STA) will be hosting their first ever masquerade ball at the Ernie Checkeris Theatre at Thorneloe University, which will be held between 8 p.m. and 1 a.m.

According to the STA Vice-President, Vanessa DiFeo, the idea of having a masquerade ball come about early in September, 2012. Having looked at other Universities, DiFeo noted that they hosted formal balls and finds “the whole idea of a masquerade is very enticing.”

Throughout the academic year, the STA has been raising funds for the masquerade through their numerous bake sales, which DiFeo describes as being “quite successful,”

and workshops, such as the zumba workshops held in November.

DiFeo states that having the masquerade is a way to build interest in the theater community and to build renown for the STA. “What we want is to get people across the university and across all the disciplines involved in theater and interested in theater; because some people feel that they don’t really belong in the theater scene, but that’s not true. The arts are for everybody to enjoy and be involved in. We also want people to know about us as an organization.”

Attendants will require formal attire and a mask, although those arriving earlier will have the opportunity to purchase masks from the STA, however, DiFeo says they will be in short supply. She also says that the ball

is “not just for theater students” and that all are invited and welcome.

During the ball, hors d’oeuvres from Regency Bakery and other baked goods will be available as well as alcoholic beverages.

The STA will also be selling roses for those to give to “someone who catches your eye,” says DiFeo.

DiFeo states that Ethan Bleskie is the technical director for the masquerade. Bleskie was a student at Cambrian College and has been trained for lighting and sound, according to DiFeo.

According to DiFeo, Yearbook will also be present to take pictures of the event and may event printed and sold to attendants immediately and on location.

The STA plans on using the funds

acquired from the ball to permit them to hold more special events, such as the masquerade. DiFeo says that hosting another ball is “definitely in the future.”

“We’d like to do another one next year,” she says, “but of a different theme.”

DiFeo is very excited for the ball. “We’ve never done anything as grand before,” she says. “It’s a great stepping stone for the STA.”

Tickets for the masquerade are available \$15 in advance or \$20 at the door. To contact the STA about tickets, e-mail: [stathorneloc@gmail.com](mailto:stathorneloc@gmail.com). [lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# Student pricing

# \$29.95\*

For just \$29.95, walk in with your taxes, walk out with your refund. Instantly. You’ll also get a free SPC Card to save big at your favourite retailers.\*



we make taxes painless\$



**H&R BLOCK®**



[hrblock.ca](http://hrblock.ca) | 800-HRBLOCK (472-5625)

© 2013 H&R Block Canada, Inc. \*\$29.95 valid for student tax preparation only. To qualify, student must present either (i) a T2202a documenting 4 or more months of full-time attendance at a college or university during the applicable tax year or (ii) a valid high school ID card. Instant Cash Back is included in the price. Students pay \$79.99 for Complex/Premier return. Expires 12/31/2013. Valid only at participating locations. Additional fees apply. Instant Cash Back valid only on the federal portion of tax returns filed in Quebec. Some restrictions apply. SPC cards available at participating locations in Canada only. Offers may vary, restrictions may apply. For full terms see [www.spcard.ca](http://www.spcard.ca).

# Youth underemployed and unemployed, for now

## COLUMN BY ANDY VEILLEUX

Youth employment struggles are a hot topic since the recession, but there are always new perspectives to reconsider the debate in.

I have written extensively on the employment issues, and underemployment issues, but a new article by Maclean's and a new report by the Pew Charitable Trusts have shed new light on the problem.

The article and report complete each other in a way.

The article is depressing, and soul-crushing for university students and graduates looking for a career to read. The report, by contrast, offers a sprinkle of optimism, even if it is just an "it could be worse" argument.

Here's a taste of what the article by Charlie Gillis and Chris Sorensen presents: "In Canada, as in the U.S. and Europe, workers in their 20s increasingly find themselves wandering the perimeters of their chosen careers. Youth unemployment in this country reached 15.2 per cent during the recent downturn, the highest level in two decades."

This is the general line being presented by anyone who is doing their research about Canadian youth employment, and it is correct. It is also scary.

Many youth are coming out of universities and colleges ready to work, but are forced to accept jobs outside of their field, or temporary, part-time jobs.

The old mantra about getting a "foot in the door" holds little value to people trying to make a living, while also trying to pay of their debts. Never mind wanting to buy a house, raise a family comfortably or have a dependable vehicle.

The best part of the whole debate is the amount of times that the terms "sense of entitlement" get thrown around when discussing the youth.

People seem shocked that the youth expect to find meaningful work with decent pay and some job security. I don't understand what is so shocking about the idea, and if anything, wouldn't the generations ahead of Generation Me have been even more entitled?

I have heard numerous stories about dropping out of high school and finding well-paying, steady jobs.

Is it too much to expect having the appropriate amount of education to lead into a good career?

I do not believe it is.

The article points to the bigger problem about the unemployment numbers. The 15.2 per cent are just the unemployed, it does not take into account

the individuals that are underemployed.

Underemployment is when an individual is working outside of their field – not by choice – and is not working the amount of hours they want, or for the the appropriate pay.

I won't get into a semantic discussion on that definition, but it's worth noting that definition encompasses most of what underemployment is.

Underemployment is a serious problem for the recently-graduated, and it probably will not change much until some of jobs that are held by people in older demographics begin to open up.

The report offers some hope for the bleak landscape of youth unemployment and underemployment, but not much.

The report acknowledges the youth – although it is talking about American youth, which is facing similar challenges as the Canadian youth – are miserably underemployed and unemployed. The shining ray of hope is that the educated youth, those with a bachelor's degree or more, are doing better than their less-educated counter-parts.

I know it's not exactly uplifting stuff, but for a generation of graduates facing a depression-inducing job market, any good news is welcome.

The conclusion may seem dismal, but its worth

considering what getting a proper education is about. If a proper education just leads you into a job, then our education system is failing students miserably.

If a good education means understanding more about the world and one's self, than there is no metric to properly measure that, although a lot of recent reports about the quality of education are ominous.

It isn't clear what comes next for the unemployed youth. A lot of sources are suggesting everyone pick up a plunger, welding torch, wrench, or any other trades' tools and begin learning.

Not everybody can see themselves working at a trade as a career – although I for one do enjoy working with my hands – and not everyone is built for it either.

It seems like the best advice is to keep pushing through with your schooling and waiting for something to open up, because things will open up.

It is just a matter of when.

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

## Not sure what to do next?

Start fresh this September in one of 80+ full-time programs that give you real-world, hands-on experience.

Fast-track options may be available with your university credits.

**Explore your possibilities and apply now for September 2013.**

(705) 566-8101 | [info@cambriancollege.ca](mailto:info@cambriancollege.ca)  
[cambriancollege.ca/programs](http://cambriancollege.ca/programs)



**CAMBRIAN  
COLLEGE**



# Banff Film Festival comes to LU

BY KAYLA PERRY

The crowd at the Fraser Auditorium buzzed with excitement on Jan. 25 as the Outdoor Adventure Leadership program hosted the 15th annual Banff Mountain Film Festival.

The film festival, which included a collection of the most inspiring and thought-provoking films from the Banff Film Festival, was brought to LU by Jim Little, Outdoor Adventure Leadership program coordinator, and was held in the Fraser Auditorium last Friday evening.

The festival, which is a travelling world-tour that shows on every continent, tours over 300 communities and 40 countries, with 5,743 annual participants. Previewed first at the original nine day Banff Centre Film Festival, the selected films then begin their word travel.

Films featured at the festival were either award-winning films or received honourable mentioned at the Banff Centre, and included films such as The Gimp Monkeys, Lily Shreds Trail and Ernest. The films were designed to be inspiring, thought-provoking, and some even tear-jerking.

Prominently hosted as a fundraiser for the third year students in the Outdoor Adventure Leadership program, the festival was student run and student organized.

"The students reap the profits of the film festival, if there are any," said Little, who was pleased with the show's sell-out of 650 seats.

The festival was also sponsored by The City of Greater Sudbury, as well as many national sponsors including the National Geographic.

Holly Elliot, on-site coordinator and

self proclaimed "Road Warrior" with the festival, is used to visiting universities with the show. The "road warriors" cover everywhere from Alaska to California, and the entire east coast said Elliot, who has travelled to everything from universities to a search and rescue organizations.

Elliot, who has previously travelled to LU with the world tour, explained that the show is mainly used to raise funds, consisting of about sixty percent non-profit organizations.

The festival also featured the silent auctioning off of a yurt, built by Marika Louws, a third year LU student. The yurt, which is a collapsible home most often used by nomads in Mongolia, was made in cooperation with the OAL program, was built originally to serve as an outdoor classroom for the program. Students from the program contributed to the building of

the actual yurt.

"It was a lot of work, and today was the moment of completion," said Sebastian Naul, co-creator of the yurt and supervisor of the Outdoor Adventure Leadership program's internship.

The yurt will be auctioned off on Feb. 4, with a current bid of \$2750.

The Banff Mountain Film Festival will be returning to LU next year as is tradition, and proceeds will continue to go towards the students in the program.

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

## Shamess showcases musical talent at Fromagerie



Photo by Dawn Lalonde

Danny Shamess played a live show at the Fromagerie on Jan.25.

BY MATT RABEY

Danny Shamess is a Sudbury-native who has been singing and playing guitar, piano, organ, bass guitar and percussive instruments for more than ten years.

On Jan. 25, he appeared at the Fromagerie Elgin for an evening of music and entertainment.

Numerous Laurentian University students went including Yaeji Han, a third-year Biology Chemistry major who said "it was really relaxing and it was nice to see a fellow student participating in a nice social setting."

The show saw more than 60 people in attendance to hear a range of music including jazz, classic rock and folk music.

Songs like Stevie Wonder's Very Superstitious and The Tragically Hip's New Orleans is Sinking were only some of the songs that patrons of the Fromagerie that night got to hear.

Gabrielle Pilon, a first-year student in the Concurrent Education program, said "Danny Shamess is a unique and talented singer/songwriter. His passion and creativity shines through his music and I truly believe he will go far."

Shamess is also in the duo, Arrested Acoustic, but on this particular evening performed a solo performance.

Shamess has been recording his own music for the past five years in his own home studio.

Currently, he has released two

albums, with his latest release 'Slip Away' on June 20, 2012.

"'Slip Away' is my reflection of the world in which we live," said Shamess. "I think today, it's easy to lose yourself to the material things and the consumer lifestyle. I want to say something with what I write, I want people to stop and think for a minute about what life is really about."

"I thought the show went very well," said Shamess after he was asked by the audience for an encore twice and obliging both times to cheers from the crowd.

For the final part of the encore, one of the women in the audience came on stage to accompany Shamess in singing Dobie Gray's Drift Away.

The show ended just after 10 p.m. to a round of applause and patrons congratulating Shamess on the show.

"I saw a lot of familiar faces," said Shamess. "I met some other Laurentian students and had the opportunity to play some of my new music. I've been working on a new album and plan to release that this summer. I was very happy with the turnout and I look forward to doing it again."

[lambda@laurentian.ca](mailto:lambda@laurentian.ca)

# LU profs debate Wall Street bailout

BY MATT RABEY

The Sudbury Philosophical Society put on a debate on the topic of ‘Should the American government have bailed out Wall Street?’ at Fromagerie Elgin on Jan. 23 at 7:00 p.m.

The event was sponsored by the University of Sudbury. The moderator for the evening was Dr. Paolo Biondi, Associate Professor in the Department of Philosophy, University of Sudbury (Laurentian University) and the debaters were: Dr. Brian MacLean, Chair and Full Professor in the Department of Economics, Laurentian University; and Dr. Nevio Cristante, Lecturer in the Department of Philosophy, Laurentian University.

MacLean was arguing in favour of the Wall Street bailout, while on the other side Cristante was arguing against the government’s intervention.

The majority of the students in attendance were Philosophy majors including Philosophy Club President Cam Thomas.

“I personally had a good time. I tried a new beer, had a good time with some friends and thought it was a nice evening.”

The debate began with Biondi giving background information on the 2008 Wall Street crash including how sub-prime mortgages work and contributed to the collapse.

Following the introduction, five-minute opening statements by Maclean and Cristante were given.

Maclean began by saying that the bailout prevented a more serious depression than would have otherwise occurred.

He then went on to say that in March of 2008 the US Federal Reserve bailed out Bear Sterns.

This was met with anger and many said that the free market should have been able to decide the company’s fate.

In September 2008, Lehman Brothers was allowed to collapse and there were large consequences for the financial sector.

Cristante spoke after and said that the banks manipulated the common people. He said that the banks were taking money from the people and that they were corrupt.

The debate had both participants talking about the issue from very different perspectives.

“I found the debate itself a little bit difficult to follow,” said Thomas. “Because it seemed Cristante and MacLean were arguing from two separate points of view. MacLean, as an economist, was arguing for concretely what could have been done right now, whereas Cristante, as a philosopher, was arguing what should be done



Photo by Ryan Neal

The Sudbury Philosophical Society held a debate at the Fromagerie on Jan. 23.

morally.”

Third-year Philosophy major Chris Kapron said “it would have been interesting if both professors could have stepped out of their respective fields and tried to understand the opponent’s arguments to possibly create a more poignant debate with heated arguments.”

After the debate the floor opened up to allow for questions from the audience such as, what are the debaters thoughts on having a guaranteed basic income for all Canadians.

Overall the evening was enjoyed with the debate being found provocative, said Kapron.

Both professors were very

interesting,” said Kapron. “It was nice to see Paolo as the mediator. He clearly has some thoughts on the subject and it would have [been] nice to see him as the opposing debater to MacLean.” [lambda@laurentian.ca](mailto:lambda@laurentian.ca)

## Opinion: Breaking out into the scene

BY EMMETT TURKINGTON

Every student deserves a break.

The weekend rolls around and after a long week of lectures, labs, readings and assignment, you puzzle about trying to figure out what to do with yourself. Budgeting time is key to a successful year. You know this. Your professors know this. Most students set up Sunday as their designated homework day, leaving them with Friday and or Saturday night -if they’re feeling bold- to go out and resume life as a human being.

But...what can we do?

If it was summer, spring or even fall, students could amuse themselves with Sudbury’s many lakes and other outdoor

attractions. However, for those of us that have grown up in the frigid North, or have experienced a Northern winter before, the months following December can be a drag. The last time I checked, there weren’t many people willing to go outside in -42 weather and take a walk down by the lake.

One of the more attractive options for students are the nightclubs. Loud music and dancing are one of the few ways university students get a chance to mingle with people their own age outside of a school environment. Isn’t that why our newly renovated pub is around? However, clubs also have their own drawbacks. Traditionally, whenever we go out, we dress

to impress— or at least that’s what my grandmother used to tell me. This means that when we head out to the club, we’re not usually planning on wearing our full-length down snowsuit on the dance floor. Therefore, we’re forced to submit to evil coat check and this unfortunate occurrence, like many others in our lives, costs money.

Now what?

You’ve hit your biggest dilemma this week. Do you risk the chance at spending money on multiple coat checks or do you find another alternative? Are there other alternatives to dance clubs in Sudbury?

You betcha, partner.

In terms of mingling places, Sudbury

has more options than just The Grand, The Nightclub, The 1500, or The Ten.

If you want to sit down and enjoy a coffee with a friend, why not try either of the Old Rock roasteries. If you’re looking for quiet but out-of-the-ordinary place to have a date, why not sample some exotic cheese and wine at the Fromagerie? You want live music, how about dropping in to Peddlers Pub, Little Montreal, or The Townhouse?

Breaking out of a routine is hard and change might seem like a big scary monster that you hate to have around, but let’s face it. Variety is the spice of life, right?